Welcome to the City of Fitchburg.

A community of natural beauty surrounded by a rich industrial past and diverse urban character, Fitchburg is truly fortunate to offer a wealth of both urban and rural trails for walking, hiking, biking, and cross-country skiing. Outdoor enthusiasts to our region are not familiar with the full scope of recreational opportunities the city offers. Thanks to the work of many volunteers and organizations, this is no longer the case. I encourage you to use this trail guide as a means of discovering the great beauty that exists in our city, from our historic downtown to our vast and picturesque New England countryside.

It is my hope that this map will open up a world of opportunity and discovery for all who use it.

Sincerely,
Stephen L. DiNatale, Mayor

Fitchburg Trail Guide

Detailed maps and trail descriptions, in English and Spanish, are available at www.fitchburgma.gov/trails

Rules & Regulations
- Pets allowed and must be on a leash.
- Two people per trail at a time when trails are narrow.
- Trail extending 2,000 feet from the road.
- Horseback riding is prohibited.
- Day-use facilities available.
- Day-use permit required for events.
- Overnight stays are prohibited.
- Maintain a 50-foot distance from wildlife.
- Do not disturb wildlife.
- Do not feed wildlife.
- Do not use motorized vehicles or motorized equipment.
- Hunting is prohibited unless otherwise posted.
- Pets are not allowed in Picnic Areas.

Get Involved!

Invited are members meet regularly in a continuing effort to discuss, establish, maintain, and promote the use of Fitchburg’s many trails. We welcome the participation of all of our residents and would love to have you join our effort. For more information, please contact the Fitchburg Recreation Department at:

Recreation@fitchburgma.gov or (978) 829-1815

More Map Information

More detailed maps and trail descriptions in English and Spanish are located on the Fitchburg city website:

www.fitchburgma.gov/trails

Mass Audubon’s Flat Rock Wildlife Sanctuary offers a variety of terrain ranging from early successional habitat on Flat Rock Road to mature pine/white pine forest and a bog/shrub swamp accessible from the MassPath Trail. Trails connect with Crocker Conservation Area and the Northern Watershed.

Heathland Park beyond Urban Memorial Health Alliance/CompHealth Urgent Care Facility, on the end of Flat Rock Road, or off the entrance of Hallowell Hill Road.

_INCREF of Trails: 326 Acres
Degree of Difficulty: Easy to Moderate

Access to 250-foot trail.

5-Miles one-way

1. Cogshall Park

Cogshall Park trails consist of a nature center, a section of the Montachusett Rail Trail loop, and a loop trail that is accessible around 1/2 mile wide. The trail network is designated as “easy to moderate” difficulty for the average user. While hiking these trails, you will experience the park’s most significant and interesting features, including woods, fields, rock outcrops, and wetlands. Additional trail and parking plans are under consideration. Visit massaudubon.org and locate the trail headneck by the Stone House for a map of the trails.

Access to 100 Electric Avenue
Degree of Difficulty: Easy to Moderate

2. Coolidge Park Loop Trail Path

Located off Pearl Street in Fitchburg, the loop trail is a 1/3-mile loop that provides easy access to the MassPath corridor on a section of the parallel Fitchburg Canal. The park features several sport fields, a small play structure, a beach with picnic area, playground, and more. There is ample parking available at the Pearl Street entrance.

Location: 240 Water Street
Degree of Difficulty: Easy to Moderate

3. Crocker Conservation Area

The 150-acre Crocker Conservation Area offers a gateway to over 2,000 acres of protected land. The central feature of the conservation area is the beautiful Octover Reservoir, and walking the network of trails that adjoin it provide a favorite loop for many local people. The trails range from wide and flat to high, which offer a variety of terrain and provide many opportunities for nature study. The Crocker Conservation Area is part of Montachusett, Montachusett's first multi-use multi-user recreation area.

Access to 150 Stoddard Road
Degree of Difficulty: Easy to Moderate

4. Flat Rock Wildlife Sanctuary

Mass Audubon’s Flat Rock Wildlife Sanctuary offers a variety of terrain ranging from early successional habitat on Flat Rock Road to mature pine/white pine forest and a bog/shrub swamp accessible from the MassPath Trail. Trails connect with Crocker Conservation Area and the Northern Watershed.

Access to the northern entrance and the entrance of Flat Rock Road.

5. Northern Watershed

The 2,000-acre Northern Watershed lands are owned by the City of Fitchburg. There are designated trails or trail loops already under development. walking the network of trails that adjoin it provide a favorite loop for many local people. The trails range from wide and flat to high, which offer a variety of terrain and provide many opportunities for nature study. The Crocker Conservation Area is part of Montachusett, Montachusett’s first multi-use multi-user recreation area.

Access to 150 Stoddard Road
Degree of Difficulty: Easy to Moderate

6. Parkhill Park Trail

The Parkhill Park Trail is a mostly flat, asphalt pathway, a portion of which runs along the Bass River. The trail, at this point, runs through a marsh, rock lined channel with some stone bridges and pools. The path can also be accessed from the dead end of Bass Street. From Canal Street, follow a 1/4 mile loop around the adjacent Forest Hill Cemetery.

Access to Canal Street
Degree of Difficulty: Easy to Moderate

7. Rollstone Hill & Rock Walk Trail

All trails accessible to Rollstone Hill lead to the summit of the hill and back down. The Rock Walk Trail, a self-guided 1.1-mile pedestrian trail, is expected to be completed in 2020. All the primary trail will have the trailhead at Bass Street. A third trial will be the same and will start at the entrance of Hallowell Hill Road.

Access to the northern entrance of Rollstone Hill.

8. Sheldon Street Gateway Park

A paved, accessible trail runs from the park entrance on Sheldon St., along the N. Nashua River, via the independent Cleaners parking lot, to the River St. Bridge. A paved trail along the north bank of the river, Bass Street, connects with the walking trail. The trail extends several areas of the river, benches, and picnic tables. The trail provides a link between the Gateway Park, adjacent to the River St. Bridge into the Northern Watershed.

Access to Sheldon Street
Degree of Difficulty: Easy to Moderate

9. Steeplechase Path Trail

A paved trail runs from the MassPath Trail to the adjacent Forest Hill Cemetery.

Refer to Map
Degree of Difficulty: Easy to Moderate

10. Twin Cities Rail Trail

The Twin Cities Rail Trail is a proposed 4.5-mile multi-use trail that will connect the Intermodal Station in Fitchburg to Canal Park in Leominster. The trail will be paved and meet accessibility guidelines throughout. Several small parks and nature areas will be located along the trail. Construction of the rail trail is anticipated to begin spring of 2019.

Access to 100 Main St.
Degree of Difficulty: Easy to Moderate

2.5 Miles

Additional Maps and Trail Descriptions

Click here for a complete listing of additional maps and trail descriptions.